



THE
LUNG
LAB

LISA LUNGS' QUESTION TIME

1. You're invited to a friend's house for a birthday party. She has furry cats; you have asthma. What should you take?
 - a. your favourite teddy
 - b. your mum's make-up
 - c. your reliever medicine
2. Your teacher is doing a lab experiment with flower buds; you have asthma. Do you?
 - a. go and hide in the toilets
 - b. put a stink bomb in the class so everybody has to leave the room
 - c. tell your teacher that flower pollen can trigger your asthma
3. If a person has asthma, what should they do before playing football?
 - a. eat pies
 - b. go for a wee
 - c. take their medicine
4. A lady your mum's age with asthma is going on holiday. What's the most important thing she packs in her suitcase?
 - a. twenty pairs of shoes
 - b. her medicine
 - c. a nice hat
5. Your mum says you can have a pet, but you have asthma. Do you choose:
 - a. cat
 - b. sausage dog
 - c. goldfish



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6. You have asthma. One kind of food always seems to make you cough. Do you?
[Food is a trigger for only a tiny number of people...]
- a. not tell anybody and keep eating it
 - b. pretend to eat it and when nobody is looking throw it in the bin
 - c. tell the person who gives you the food - your mum, your dad, or the school dinner lady
7. Your little brother has asthma. What do you do with your furry toys?
- a. never leave them in his room
 - b. hide them under his blankets
 - c. throw them at him every time he comes in your room
8. The organ in your body you use to breathe is called:
- a. heart
 - b. brain
 - c. lungs
9. Which of these is a trigger for asthma in winter?
- a. hot chocolate
 - b. wool scarves and gloves
 - c. breathing in cold air
10. Which of these things do lots of people with asthma have?
- a. blocked nose
 - b. red faces
 - c. difficulty breathing sometimes
11. What should all people with asthma do?
- a. leave their medicine at home when they go out
 - b. run away from doctors and nurses
 - c. take their medicine when their doctor or nurse says they should



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