



# Heads Count

## Design a Head Lice Information Sheet

Use the words below and design a leaflet to take home from school to parents. Get your family and friends to help you with the design.



This is what to do if you are sure you have found a living louse.



Check the heads of all people in your home.



Only treat those who have living, moving lice.



Treat them all at the same time with a head louse lotion or mousse.



Ask your local chemist, school nurse, health visitor or family doctor which lotion to use, and how long to leave it on.



Put the lotion onto dry hair.



Use the lotion in a well ventilated room or in the open air.



Part the hair near the top of the head, put a few drops on to the scalp and rub it in. Part the hair a bit farther down the scalp and do the same again. Do this over and over again until the whole scalp is wet.



You don't need to put lotion on long hair any further than you would put a pony-tail band.



Use enough lotion - at least one small bottle for each head, more if the hair is thick. Use all the lotion up.



Let the lotion dry on the hair. Some lotions can catch fire, so keep well away from flames, cigarettes, stoves and other sources of heat. Don't use a hair dryer.



Treat all of them again seven days later in the same way with the same kind of lotion.



Check all heads a day or two after the second treatment. If you still find living, moving lice, ask your local chemist, health visitor, school nurse or family doctor for advice.



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