



Dear Parent

Head Lice

I am writing to all families to pass on some useful information and guidance concerning head lice. As you are aware, there is often much talk and a great deal of confusion concerning how head lice are caught and what should be done to get rid of them. I hope this letter is helpful.

Head lice have been around for thousands of years and they can affect anyone, from all ages and all walks of life - not only children at school. Children are, however, particularly susceptible to picking up head lice because of their day to day close contact with large numbers of other children.

Even so, head lice can be dealt with easily, and to do this it is important to check your children regularly with a special detector comb. These are available at your pharmacy.

If you do find head lice, the only effective way which is proven to get rid of them is the use of special anti-lice treatment, also available over the counter at your pharmacy.

If you do find head lice in your family it is important to inform only recent contacts - not everyone, because head lice can only be passed from one person to another through close head to head contact.

The contact tracing sheet which accompanies this letter helps you to identify recent contacts who you should advise to check for head lice.

Finally, it makes sense to check children's hair for head lice regularly, particularly so when you know that head lice are present in the school.

Yours sincerely,

Head Teacher



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