

Head Lice

Spotting Lice - Treating Lice - Tracking Lice

Spotting Lice

Lice can be reliably detected with a head lice DETECTOR COMB available from your local Boots store.

1. Comb damp hair with the head lice detector comb onto a white sheet of paper. A person should be treated if lice are found in the comb or on the sheet of paper.



Treating Lice

2. Using a head lice treatment such as Full Marks apply onto dry hair, and rub into scalp until all the hair is moistened. There is no need to apply product further down long hair than where a pony tail band is placed. It is important that every part of the scalp is covered so that no eggs are missed.



3. Allow the hair to dry naturally. Full Marks Mousse should be left on for 30 minutes, but preferably over night. Full Marks Liquid must be left on for 12 hours.



4. Shampoo as normal and rinse



5. Comb while wet with a suitable metal toothed comb to remove dead lice and eggs.



Head Lice

Tracking Lice

To keep head lice away for good, you need to find where they came from.

The source is most likely someone well-known to the family and is probably completely unaware that they have lice! So, make a list of all people who have been in CLOSE (head to head) contact with the infected person.

Contact Tracing Sheet

Every member of the family will need to fill in one of these, even though many names will be duplicated. All the people on the list will need to check themselves and their families for head lice.

NAME

In The Home

PARENTS/GUARDIAN

BROTHERS/SISTERS

OTHER RESIDENTS

Relatives

AUNTS/UNCLES

COUSINS

NEPHEWS/NIECES

OTHER

Social Contacts

FRIENDS

SCHOOL FRIENDS

BROWNIES/GUIDES/SCOUTS/CUBS

PLAYGROUND ETC

CLUBS

WORK COLLEAGUES

Note: Please notify school or playshool so that other families can be informed.

Pets do not need to be treted.

